
Restoring Your Full Power Period.

Christof, age 49, CEO

When my streak of success was slowed down by difficulties in a new company, I decided it was time to act. Because workshops and conferences had stopped providing much value, I started looking for a coach or mentor.

It was tough to find someone right. One person asked too many irrelevant questions; another didn't understand my challenges. Finally, I came across Jacek. He had strong references, had worked with directors like me and inspired my trust in a face-to-face meeting.



At our assessment meeting, Jacek helped me discover that I had deficiencies in two levels of power. I had no idea that this inhibited my creativity, decision-making ability, and worst of all, the degree to which the results of these deficiencies had sabotaged my success. Thus I began training in Jacek's system.

Today I have a solid strategy for my professional development. I have strengthened my standing and my image in the company. I have enthusiasm for work and a strong desire to build this company. I am better at communicating. My sons, Tom and Bart (14 and 16), are once again speaking to me. I feel I am the architect of my fortune anew.

You are like a Formula 1 racing car

For your company, you are like a **Formula 1 racing car**. Extreme speed, stiff competition, intense effort, high risk, lonely driving – isn't this similar to what you do? Your work is **an amazing feat** – it requires great power.

Now imagine this incredible vehicle. What is the **engine power** and how **efficient** is the driver? What condition are all the components in it? How often is it serviced? Do you remember scenes from Formula 1 accidents? At such speed, even **slight neglect** can lead to a **disaster**.

Are you sure, absolutely sure, that you are ready for new races? Do you want to be in full **control** of your **career**? Are you using the maximum **power** attainable?

If yes, then I encourage you to take a strategic look at your system of functioning.

As an Alpinist, I see you completely differently than your company does. As a rope partner. I will prepare you for the lowest and highest peaks of your career.

A system that has already helped over 200 managers

Executive Power Back System

tried and tested strategies for professional success

- Reclaim your full professional and personal power
- Achieve even more and breathe easier



I am an **executive coach**: someone who helps managers achieve success and not lose health while doing it. Over 200 managers from almost **100 companies** have already benefited from my support. **97%** of them reached their goals; many have exceeded them.

I HELP PROFESSIONALS IN TWO AREAS:

1. **Climbing the corporate ladder**: promotions, new roles, managing others, leadership, building prestige.
2. Getting into **top form** – energy, vitality, personal mastery – to be ready for new challenges and not lose everything they have worked for so hard.

YOUR PERSONAL POWER

To continue achieving, you must have something I call **Personal Power**; just like a Formula 1 car must have a powerful engine or else it loses the race.

This is why, for years, I have been perfecting my **SYSTEM of building and keeping this power**. It is my life's work. I encourage you to take a look below at the results.

Jacek 'Skyski' Skrzypczyński

CEO, CFO, COO, CIO, General Manager, Country Head

Acciona, Fortaco, Fortum, GE, HP, Synexus, Toyota, Volkswagen, Volvo, Whirlpool



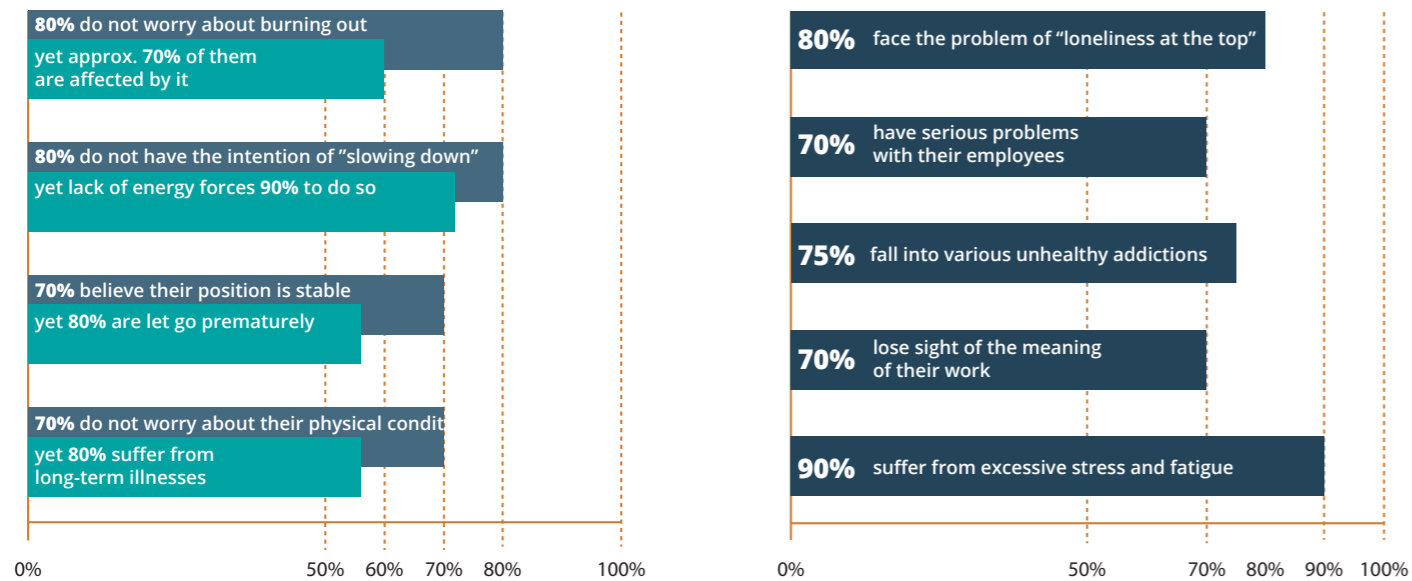
WHY AM I DOING THIS?

I have created the **Power Back System** for three reasons.

1. I have met too many professionals who have **lost effectiveness** in achieving their goals or are burned out. I have witnessed their highs and lows - promotions, demotions, heart attacks, depression - as well as despair and the disintegration of their families.

80% of top managers are **let go prematurely**. If they are over 50, only **10% of them return** to the same level of income & status as before. This unwanted "retirement" leads to financial, mental and health breakdowns. (R.Johnson, Urban.org)

My 25 years of observing managers who are over 40 have shown that:



These consequences can be avoided by **reclaiming control over the level of your personal power**.

There really is no other I would recommend as highly as Jacek for enabling you to go beyond your limits and the bounds you thought possible.

Biba Binotti, CEO, CLM

2. I reached the peaks of my dreams - only to fall hard, leading myself to exhaustion - and my company on the brink of bankruptcy. Yes, I was responsible because I didn't notice the warning signs.

Then I promised myself never to lose control over my power again, while as a trainer, I became passionate about supporting others in this. Ergo my mission:

RESTORING YOUR FULL POWER. PERIOD.

3. I am an Alpinist who has climbed the great faces of the Alps and barely survived. Falling into a glacier crevasse, I experienced that abysmal, furious grief of knowing that this is the end of my existence, that there is nothing left, NOTHING... and yet, miraculously, I was saved. Since then, Life has become my highest value.

This is why now, as a coach and a corporate alpinist guide, I want you to **claim your full power** to succeed the way you deserve to while living Your Life **to the fullest**.
A rare feat, but possible.



Summits await only those who are determined to climb them, regardless of age, skills, conditions and weather.

WHO IS THE EXECUTIVE POWER BACK SYSTEM FOR?

This system is addressed to top professionals who wish to:

- build up their strength and a strategic edge for their next challenges
- climb swiftly and confidently to higher levels of influence and status
- enhance their performance, creativity and executive presence
- breathe easier in this rough race for success and prestige
- overcome stagnation, a crisis, or difficulty and stabilize their position
- regain their energy, freshness and satisfaction from work

RESULTS OF MY CLIENTS

- Three promotions in 3 years, in spite of a glass ceiling up to COO
- First time CEO puts his company on its feet after a deep crisis
- Promotion to global board from a local company + a large cut of shares
- Successful succession of the CEO in an international industrial giant
- Promotion to CFO of an outsider in an organization with a foreign culture
- Overcoming burnout and successfully reclaiming duty as CSO

JACEK „SKYSKI” SKRZYPCZYŃSKI

Executive Mentor & Guide, Leadership Coach

- Trainer no. 1 by Forbes magazine – based on votes of over 400 HR directors
- Certified business coach: M. Goldsmith, J. Mattone, ICF PCC, CTI, TCI
- Lecturer at Executive MBA, public speaker (TEDx), author

Canadian and Polish citizen, has worked on five continents; for the Canadian Army
Climbed the great faces of the Alps, led expeditions to Himalayas, Yukon and Atlas

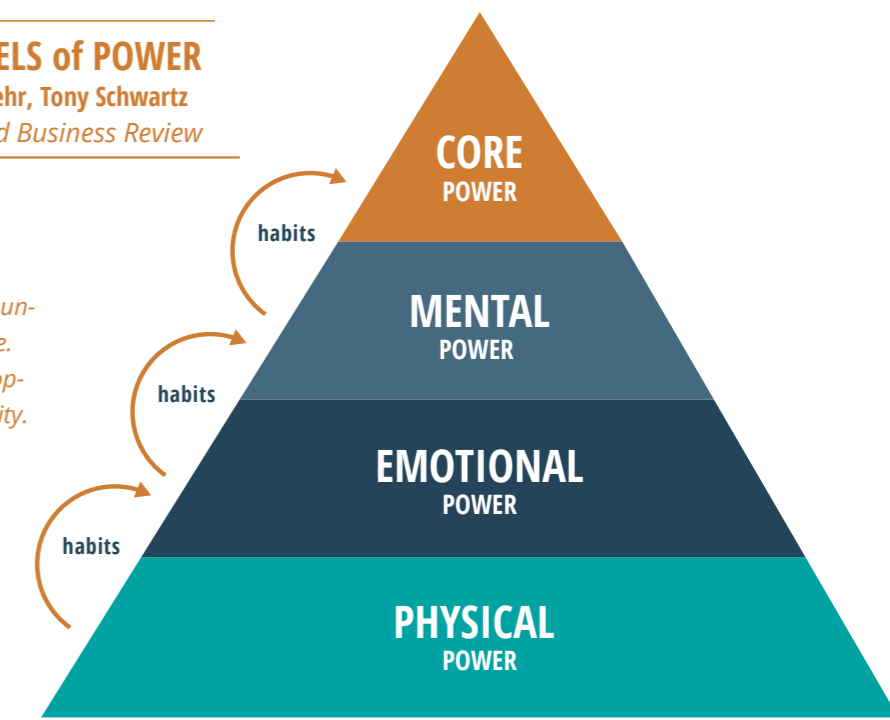
200 managers | 100 teams | 25 years of experience | 7500 coaching hours



4 LEVELS of POWER

Jim Loehr, Tony Schwartz
Harvard Business Review

*Before: struggling with work-life balance, sinking under multitasking, unclear how to be most effective.
After: long-term strategy for life, more power to operate + best evaluation in years, peace and stability.*
Senior Manager, IT corporation



RESULTS OF MY CLIENTS

Dzięki mojej pracy z Jackiem doświadczyłem wewnętrznego oczyszczenia z frustracji, zmniejszonej pewności siebie i braku jasnej wizji. Nastąpiła zasadnicza zmiana w moim podejściu do problemów i rzeczywistości zawodowej. Pomoże mi przez wiele lat w każdej dziedzinie mojego zaangażowania.

Radosław Janiak CEO, Synexus

client 1 **Regional GM of a global pharma company**

The challenge

Glass ceiling for promotions of foreigners
The client is thinking of leaving the company

Methods

Identity coaching, cross-cultural and diplomacy training

Results

Promoted 3 times, to a level of a global COO

Got a large chunk of company shares
Committed to staying in the company

client 2 **Financial Director of a European bank**

The challenge

Lack of trust in his ability to collaborate across departments
The client fears he will be omitted from promotion

Methods

Social intelligence & alliance building training, etiquette

Results

Promoted to CFO level as the company turns global

Increased self-confidence in creating strategic alliances
Got a significant pay increase & shares

client 3

A new CEO of an industrial giant after a massive downturn

The challenge

Learning how to survive and thrive in the new role in a new company
To turn the company around via right strategy, processes & alliances

Methods

Leadership & personal power coaching, strategic thinking & execution

Results

Built a strong mgt. team, the company turns around

Well established as a CEO, ready to tackle any issues

client 4

Strategic Director in a global automotive firm

The challenge

A challenging boss who makes things extremely difficult
The client is under heavy stress that affects his performance,
Burned out, on a sick leave, lost the drive to work

Methods

Transactional coaching, mindfulness & courage training

Results

Successfully returned to work after a 6-month leave

Learned how to face stressful behaviors & situations
Decided to stay in the company & doing well

4 POZIOMY ZAPASU ENERGII

PEŁEN ENERGII
75%–100% ENERGII
PODSTAWA SUKCESU

PRZEMĘCZONY
50%–75% ENERGII
BRAK SIŁ NA ZMIANY

WYCZERPANY
25%–50% ENERGII
SILNE ZAGROŻENIE

WYPALONY
> 25% ENERGII
SKRAJ PRZEPAŚCI

If you are faced with difficult or enticing challenges, I invite you to contact me.
We will overcome the barriers and find the best path to Your Summits.

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