

Master your Power

executive leadership expedition

boost your personal power
to influence others with ease

improve your executive presence
to reach your goals in style

*led by Jacek „Skyski” Skrzypczyński
best trainer by Forbes magazine*

20-22. 10. 2022
Sudety Mountains



Supercharge your Power for executives who:

- want to reclaim their power
- want to regain professional clarity
- are considering a major personal change
- have reached a performance plateau
- need to recharge their batteries



www.JackSkyski.com

+48 603 649 129

www.AdventureforThought.com

jacek@adventureforthought.com



Master your Power

achieve success, staying fully yourself

Stories of some executives...

David had a heart attack last year – he had neglected his health for too long.
When Christopher’s wife left him & took the kids, his life lost meaning.
Mark is suffering from burnout; he cannot stand his “dream” job.
Robert was fired from a high position because he lost his drive.

And what about you? Are you looking after yourself?

Are you sure you are headed in the right direction?

Do you feel that in some moments you are losing your personal power?
Do you want to continue to succeed without compromising your values?
If so, then you are in the right place.

I invite you to join the Power-Back Expedition

Get Your Power Back and Become Immune to Problems

This expedition guarantees

to take you to new levels of physical freshness and mental strength
raise your awareness of where you are and how to move forward

You will gain

- emotional intelligence and influencing skills
- improved interpersonal skills and abilities
- renewal of your personal vision, life and career goals
- knowledge how to strengthen your “inner game”
- strength & courage to overcome mental blocks
- access to 5 distinct, special sources of power
- new allies who will support you after the program



"I am impressed with the results of Jacek's work with me. In this process I experienced inner purification from frustration, reduced self-confidence and a lack of clear vision. I experienced a fundamental change in my view on problems and professional reality. This is a huge success. It will help me for many years in any area of my commitment."

Radek Janiak, Executive Vice President, Synexus

Relax Reflect Recharge Renew Reset Reboot



"Finally a program that I REALLY NEEDED!
Demanding, but also giving great satisfaction. An adventure both physical and mental.
An experience that allowed me to think about life and the road to a better future. "

A Reliable System of Personal Effectiveness

on the physical, emotional and mental level

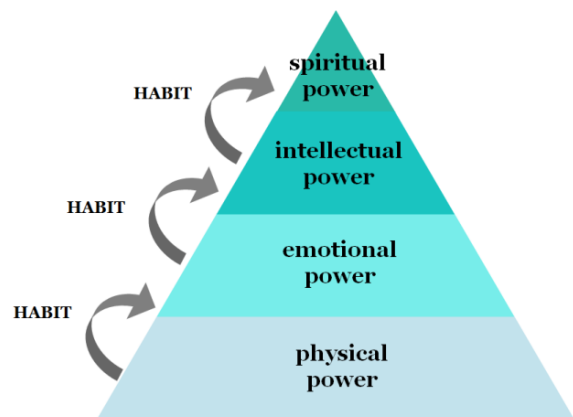
- based on the latest findings of psychology, physiology and neurobiology
- tested experimentally and with more than 100 groups
- used by corporate executives, business owners and top athletes
- trainers recognized by Forbes and Fortune 100 companies

adventure, experience, reflection, and deep dialogue

The Power-Back Expedition is a combination of exciting outdoor challenges, open dialogue, reflection and transferring your discoveries to your **personal effectiveness**. We intentionally do not share details in order to create the most surprising and effective journey for you.

our mission

restoring the profound wisdom which lies within each of us, supporting you in recovering your true self, stimulating the intelligence of will and the courage of spirit



Pyramid of effectiveness

J.Loehr, T.Schwartz, Harvard Business Review

Who should not participate?

- lazy people – who prefer to sit in their slippers in front of the TV
- people set in their ways – who do not feel the need to change anything in their lives
- people with 'no future' – not interested in self-development
- 'know it alls' – those who do not want to be delighted by new discoveries

prove to yourself what you are capable of

be a part of an elite group

take up the challenge

"Before: struggle with life-work balance, overwhelmed with multitasking, not clear how to be most effective.
After: long-term strategy for life, more power to operate + best evaluation in years, peace and stability."

Manager, IT corporation

Relax Reflect Recharge Renew Reset Reboot



Expedition Leader



Jacek Skrzypczyński – Power-Back Executive Guide

Voted “**Best trainer**” by clients - **Forbes** magazine

Leadership and team expert, certified by M. Goldsmith, CTI and TCI.

Jacek has broad experience in the field of people and organizational development for international and Polish corporations. He works as an **executive** and **expat coach** as well as an MBA professor. **Speaker** at international conferences. Author of many articles and models in the fields of management, leadership, teamwork and personal growth—he developed the “H” model. Privately is passionate about mountain climbing – he **led expeditions** to the Alpes, the Himalayas, Rocky Mountains and Alaska. A citizen of Canada and Poland.

He has worked as a senior trainer at OB Canada, a consultant in Neumann Management Institute, a business development manager in Achieve Global and Impact Training, as well as a coach at Marshall Goldsmith, CoachU and NetExpat. He has developed and led programs in Japan, USA, Canada and Poland for: *American Express, Bank of Montreal, BZWBK, Cadbury- Wedel, Centra-Exide, Coca-Cola, Dialog, Era, Esso, Eurobank, General Electric, Hewlett-Packard, Hochtief, Hongkong Bank, Kompania Piwowarska, Royal Bank, Shell, Siemens, Toyota, Viessmann, Volvo, Xerox.*

Jacek has led over 100 development expeditions around the world for people from 5 continents.

When and where?



Sudety mts. **20-22 October 2022**

Maximum number of participants in the group: 9

Required to participate

1. A **recommendation** from a person who has already worked with us and knows you well.
2. A **qualifying interview** to align your goals with ours and to adapt the plan to your individual needs.

How to apply

1. Send your application to the address: jacek@AdventureforThought.com
2. Call us at +48 603 649 129 or leave your contact details – we will call you back.
3. We will arrange a brief interview to check your readiness for the program.
4. After the interview you will receive an information package with all of the details.

“An unforgettable experience – an adventure that helped refresh my mind and consider what to do next” Benjamin Miekisiak, director, General Electric

Relax Reflect Recharge Renew Reset Reboot